

6 NATION Strong maritime capability deciding factor for country's economic, strategic influence: Modi
7 NE Northeast marks International Day of Yoga with calls for wellness, healthy ageing
Jan Kalyan Shivir on natural farming held in Pasighat

West Asia peace initiative back on track US, Iran and mediators hold talks

ZURICH, June 21: Delegations led by US Vice President JD Vance and Iranian Parliament Speaker Mohammad Bagher Ghalibaf initiated talks aimed at restoring peace in West Asia in the Swiss mountain resort of Burgenstock on Sunday.



same room for direct negotiations - after their last meeting in Islamabad in April when they failed to clinch a deal. Other top negotiators who are participating in Sunday's talks include envoy Steve Witkoff and adviser Jared Kushner from the US side, Foreign Minister Abbas Araghchi and diplomat Esmail Baghaei from the Iranian side, and Pakistan's Chief of Defence Forces Asim Munir.

Baghaei highlighted that the implementation of the MoU demands the end of the war "on all fronts", without which "entry into the negotiation phase for the final agreement is not possible". Ahead of the quadrilateral meeting, Pakistan PM Sharif praised Trump and appreciated the roles of Iranian leaders. "Hopefully when we go back to our homes, we'll have some wonderful paper in our hand which will promote peace, progress and prosperity around the globe," he said in a press briefing, standing alongside Vance and Qatar's Prime Minister Sheikh Mohammed bin Abdulrahman bin Jassim Al Thani.

Lakhs appear for NEET re-test amid tight security



NEW DELHI, June 21: Over 20 lakh medical aspirants took a second shot at the NEET (UG) examination on Sunday after the original test was cancelled due to paper leaks, an issue that became a hot potato for the government and also triggered a popular protest movement.

'Yoga offers a path to inner stability, mental clarity'



Union Defence Minister Rajnath Singh, Chief Minister Conrad Sangma along with others take part in 12th International Day of Yoga (IDY) Eastern Air Command Headquarters in Shillong on Sunday. HT Photo

SHILLONG, June 21: Union Defence Minister Rajnath Singh led the Defence Forces and the Ministry of Defence in celebrating the 12th International Day of Yoga (IDY) by performing various asanas & breathing exercises with around 1,000 soldiers of the Indian Air Force and the Indian Army at the Eastern Air Command Headquarters in Shillong on Sunday.

Himanta urges all to make yoga part of daily lives



GUWAHATI, June 21: Assam Chief Minister Himanta Biswa Sarma on Sunday urged all to make yoga a part of their daily lives, calling the traditional practice "India's gift to the world". He said yoga is being promoted as a way to achieve an active and disease-free lifestyle.

Army Chief stresses role of Yoga in soldiers' well-being

TEZPUR, June 21: Army Chief General Upendra Dwivedi, accompanied by his wife, participated in the International Yoga Day programme organised at Meghna Stadium in the Solmara Army cantonment here on Sunday.

Sitharaman participates in Yoga Day celebration in Guwahati

GUWAHATI, June 21: Union Finance Minister Nirmala Sitharaman joined Assam Chief Minister Himanta Biswa Sarma in observing Yoga Day at the Brahmaputra riverfront here on Sunday.



the celebrations of the 12th International Day of Yoga at the Brahmaputra River-

front in Guwahati, Assam," her office said in a post on X. "This year's theme is 'Yoga for Healthy Ageing', which emphasises the importance of yoga for all ages. It highlights the need to enhance not only lifespan but also 'healthspan', i.e. the period of life spent in good health," it added.

Noted sports organiser, journalist Rajen Borkakoti passes away

NAGAON, June 21: A pall of gloom descended over Nagaon following the demise of noted sports organiser, journalist and social worker Rajen Borkakoti on Saturday morning.



Modi leads Yoga Day celebrations in Kolkata, Murmu performs 'asanas' at Jabalpur

KOLKATA/JABALPUR, June 21: Prime Minister Narendra Modi led the country in celebrating the 12th International Day of Yoga (IDY) on Sunday, participating in an event along with thousands of people at Kolkata's iconic Red Road, while President Droupadi Murmu joined the member of the public in performing "asanas" at Jabalpur.

casation, the prime minister said yoga has become the world's largest community celebration, bringing people together from across countries and cultures. "June 21, which marks the longest day on earth, has now become the largest community celebration day because of yoga. Yoga brings people together. I congratulate the people of the world on this occasion," he said.



Since its inception in 2015, when the United Nations General Assembly (UNGA) adopted India's proposal to observe June 21 as the International Day of Yoga, Modi has led the celebrations from various locations, including New Delhi, Chandigarh, Lucknow, Mysuru, New York, Srinagar and Visakhapatnam.

merely the foundation of a healthy body, but a path to living a balanced and disciplined life". "Through the continuous efforts and visionary leadership of Prime Minister Shri Narendra Modi, this cultural heritage of India has today become a global people's movement," he said in a post on X. While Union Finance Minister Nirmala Sitharaman joined Assam Chief Minister Himanta Biswa Sarma in observing the Yoga Day at the Brahmaputra riverfront in Guwahati, Uttar Pradesh Chief Minister Yogi Adityanath performed "asanas" at the Jhansi Fort complex in Jhansi.













